

Neural Therapy:

Disrupting the Cycle of Pain and Restoring Health

Do you have

- An illness that is not responding to other therapies?

Have you had

- A treatment that has made you unexpectedly worse?

Do you have

- Symptoms located only on one side of your body?

After surgery or injury, has

- Another pain symptom or chronic condition developed?

If you answered “yes” to any of these questions, you may be a candidate for neural therapy.

Overview of Neural Therapy

Neural therapy is a treatment for chronic pain and illness and involves injection of a local anesthetic into scars, glands, and trigger points. Virtually unknown to most U.S. practitioners, neural therapy has become one of the most widely used treatments for chronic pain in German speaking countries. Neural therapy appears to calm and rebalance the nervous system.

Disruption in the Nervous System

Most chronic illness involves disruption in the nervous system. When a disruption becomes established in the body, it generates abnormal electrical signals. These abnormal signals create chaos in the nervous system and can result in a cycle of chronic pain or ill health.

Neural Therapy Breaks the Cycle

The first step in neural therapy is to find the source of disruption or focus that introduced the original abnormal signal into the nervous system. Frequently the focus is a site of injury, a scar, or a sub-clinical illness such as an undetected asymptomatic tooth abscess.

Any acute illness can result in an active focus in spite of apparent recovery from the illness. For instance, an acute upper respiratory tract infection can leave the sinuses as a long-lasting focus, creating chronic illness in the person. A sinus focus is frequently responsible for such varied symptoms as chronic severe neck pain, migraine headaches, chronic fatigue, and premenstrual syndrome.

Once the focus is suspected or found, it can be treated with neural therapy. Neural therapy is most often used on scar tissue, whether from injury or surgery, including scar tissue from tooth extraction. Injection of local anesthetics interrupts the abnormal electrical chaos of the focus site.

Dr. Dietrich Klinghardt, M.D., Ph.D., with whom Dr. Jamison studied, reports that the treatment restores cellular function by restoring proper electrical conductivity. This allows the body to heal itself.

Neural therapy treatments increase blood flow to the area of injection and improve function to the area where the patient's pain is located.

The Interference Field

Any part of the body that has been traumatized or ill can become a focus or an electrical interference field. An interference field can cause disturbance anywhere else in the body. Everybody carries one or more interference fields. According to Dr. Klinghardt, 30-45% of all illness or pain is involved with an interference field. He also claims a success rate of treating any given illness or pain with neural therapy at approximately 65%!

Relationships between Interference Fields and Body Pain

Certain relationships appear to exist between interference fields caused by scars and body pain. For example:

<u>Scar</u>	<u>Pain</u>
Tonsils	Knee Joint
Abdominal scars	Large joints, low back
Leg scars	Sciatica
Tonsils/teeth	Migraine, prostate, Stomach, sinuses/neck
Gallbladder scar	Shoulder
Pelvic scars	PMS, depression

This information has been adapted from “Neural Therapy” by D.K. Klinghardt, MD, PhD, from The Journal of Neurological and Orthopedic Medicine and Surgery, Vol. 14, No. 2, 1993, pp 109-111.